

## JMPS High School Dress Code 2019-2020

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### Dress Code

**All students are required to adhere to the JMPS Dress Code when on the school campus. This does not just include the hours between 8:00 am and 3:15 pm. Unless given permission to do otherwise by administration, faculty, or staff personnel, students must always be in Dress Code when on campus. Students who violate the Dress Code are subject to disciplinary action, including suspension and expulsion for repeat offenses.**

Schools with an enforced dress code tend to be places that are more serious about learning, with students more focused on their schoolwork. The tone at these schools is more businesslike than at schools where students wear whatever they want. This atmosphere promotes better discipline and attendance, which lead to higher achievement.

The JMPS Dress Code is designed with modesty, simplicity, safety, efficiency, and comfort in mind. The Dress Code applies to students on campus before, during, and after school.

- Students are not to change clothes on campus unless given permission to do so by a staff member.
- The Dress Code also applies to JMPS students attending school-sponsored events off-campus unless otherwise indicated by administration.
- Guests of students are also to be in Dress Code.
- Students who are unsure whether a particular outfit or article of clothing falls inside the Dress Code should bring the clothing in to Dr. Quigley (boys) or Mrs. Curtis (girls) for pre-approval.
- The Dress Code for specific, school-sponsored activities will be announced in a timely manner prior to the activity, and students who are out of Dress Code for such events will not be allowed to participate. In the event that there is no specific announcement regarding an event, it is best to follow the regular school Dress Code. No announcement does NOT mean NO DRESS CODE!
- Students who are out of Dress Code for off-campus or after-school events will be subject to on-campus consequences.
- The specifics of the Dress Code for these school-sponsored activities will be appropriate for the activity and will reflect the spirit of the JMPS dress code: modesty and harmony with the Code of Conduct. (Please see the section on appropriate dress at school sporting events.)
- The Dress Code designees reserve the right to prohibit any fads that may arise that are not addressed in the Dress Code.
- **A FEW WORDS ABOUT TATTOOS AND PIERCINGS-** Some of our students have gotten tattoos or piercings outside the rules of the JMPS Dress Code, with or without parental consent. TATTOOS AND PIERCINGS (outside of the Dress Code) WILL BE KEPT COVERED AT ALL TIMES when on-campus, or off-campus at school sponsored events. This includes all dances, games, performances, concerts, whether or not they are on campus. It is the student's responsibility to attend to this detail, as the school does not keep a stock of band-aids for this purpose, nor will the school provide them. Students who violate this aspect of the Dress Code should expect consequences, and a frequent pattern of this may mean suspension and/or expulsion.

**All students are required to adhere to the JMPS Dress Code when attending school. Students who violate the Dress Code are subject to disciplinary action, including suspension and expulsion for repeat offenses. Students**

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**who violate the Dress Code repeatedly demonstrate disrespect for the school and for their peers who follow the Dress Code.**

**Because of issues with students 'pushing the envelope' on the dress code in recent years, PLEASE BE ADVISED THAT THERE WILL BE A STRONG FOCUS ON ENFORCEMENT OF THE DRESS CODE FOR SCHOOL YEAR 2019-2020.**

### **DRESS CODE ENFORCEMENT PROCEDURE**

Students who come to school **or are on-campus** out of Dress Code will be served a Dress Code ticket. This may occur at any time during the day, including before and after school, and at extracurricular events. Students who receive a dress code ticket may be given a suitable replacement article of clothing to wear for the day. If a student refuses to wear replacement clothes, or there are no suitable replacement clothes available, the student's parent may be called to come and drop off appropriate clothing or to pick up the student so that he/she can go home to change into appropriate clothing. The student may be placed in in-school suspension until his/her parent arrives.

Each time a student is served a Dress Code ticket, he/she may be required to complete a sentence copying assignment and/or serve a Super Lunch. Students who are served Dress Code tickets may also be assigned community service tasks and/or supervised lunch.

**Students who repeatedly violate the Dress Code (more than three tickets in a trimester for any dress code violation) will be placed on the discipline steps per the school's discipline policy.**

### **The JMPS Dress Code for Young Men in High School**

**It is recommended that families look for pants or shorts that are labeled or designated to be "school uniform." Slacks appropriate for work, labeled 'professional wear,' are also generally appropriate.**

#### **Pants:**

Permitted pant colors are:

- Khaki
- Black
- Navy
- Brown
- Grey

**\*Pants should be worn at the waist and reach the shoe, but should not drag on the ground. Pants should fit properly, AND MUST NOT BE WORN EITHER TOO TIGHT OR TOO LOOSE.**

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### **The following types or styles of pants are expressly prohibited:**

- Cargo pants of any kind. **This includes pants with any external pocket.**
- Blue jeans, overalls, dungarees, or denim of any style or color. This includes slacks that look like jeans, slacks with rivets, or predominantly double-stitched.
- Oversized, ragged, tuck-rolled, or baggy pants.
- Yoga pants, tights, or other form-fitting pants.
- Parachute or athletic/sweat pants.
- Pants with drawstrings, shock cords, buckles, rivets, or patches.
- Pants with designs on the pockets.
- Joggers or any pants with an elastic cuff
- Any pants that do not conform to the color, style, or pattern specifications noted above.

### **Walking Shorts:**

Permitted walking shorts colors are:

- Khaki
- Black
- Navy
- Brown
- Grey
- **Walking shorts must fit at least one inch below the fingertips (standing upright with arms at sides), to just above the knee (2 inches).**
- **Walking shorts should not extend below the knee.**
- **Walking shorts should fit properly and be worn at the waist.**

### **The following types or styles of walking shorts are expressly prohibited:**

- Cargo shorts of any kind, including walking shorts with any external pocket.
- Swim or board shorts.
- Denim shorts of any style or color.
- Unhemmed cutoffs.
- Shorts with designs on the pockets.
- Any shorts that do not conform to the color, style, or pattern specifications noted above.

### **Shirts:**

**Shirts must be worn at all times.**

- **Polo shirts may be any solid or patterned color, except black**
- **Button up shirts may be any solid or patterned color, except black**
  - **Button up shirts may be worn with an appropriate tie**
- **Shirts may be long or short sleeved, no sleeveless shirts**
- **Shirts must have a collar**
- **Shirts must be worn tucked in**
  - **Shirts must fit so that if a student raises his hands over his head, his torso is not exposed.**
- **Shirts should not have any logos-unless an approved JMPS logo**
- **Shirts must be buttoned to the top of the student's sternum.**

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### **The following types or styles of shirts are expressly prohibited:**

- Any shirt that is oversized, ragged or excessively stained.
- Any trade or uniform shirt.
- Any shirt that the dress code designee deems to be of a flamboyant nature.
- Hawaiian and bowling shirts, unless announced and approved in advance for a special occasion.
- Any shirt that is designed to be worn untucked, or is too short to be effectively tucked in.

### **Shoes:**

**Shoes must be worn at all times. For safety and hygiene reasons, students are not allowed to walk around campus in bare or stocking feet, and should expect to receive a dress code ticket for doing so. Repeated violations of this requirement will result in health and safety discipline tickets.**

**Shoes should be walking or athletic shoes in the permitted colors:**

- **Dark Brown**
- **Black**

**Shoes should be tied snugly on the foot in traditional criss-cross fashion**

**Shoes must be kept clean**

**Shoelaces should be the same color as the shoe**

**Shoe soles must be the same color as the shoe upper. In general; Vans, Converse, boat shoes, etc., are not in dress code, as the soles of the shoes are of a different color than the shoe upper.**

**Shoes may not have logos, soles or laces of a different color than the shoe upper and sole of the shoe, and shoes may only be of the permitted colors**

### **The following types or styles of shoes are expressly prohibited:**

- Boots, sandals, clogs, sling-backs, or croc shoes of any kind.
- Shoes/shoelaces that are not tied in traditional criss-cross fashion
- Shoes that are ragged, excessively stained, mismatched, or in a poor state of repair.
- Shoes with a visible brand name or logo of a different color than the shoe upper or sole.

### **Socks:**

**Socks are to be worn at all times.**

**Permitted sock colors:**

- Black
- White

**When wearing slacks, socks should extend to midcalf.**

- The student's leg should not be exposed when sitting and wearing slacks.

**Socks should not be:**

- **Ragged**
- **Mismatched**
- **Poor state of repair**

### **Belts:**

**Solid black or dark brown leather belt must be worn at all times.**

- **Cloth belts are not permitted.**
- **Belts must fit properly and must be free of studs, rhinestones, grommets, and other decorations.**
- **Belt buckles must be free of logos and decorations.**
- **The end of the belt when extended from the buckle must not dangle more than three (3) inches beyond the belt buckle.**

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## **Underwear:**

**Underpants must be worn at all times and must remain concealed beneath the student's clothing.**

- White cotton t-shirts ONLY may be worn under Dress Code shirts.
- Logos on undershirts must not be visible.

## **Headgear:**

- Sunglasses are not to be worn or displayed on campus.
- Non-prescription glasses are prohibited.
- **Hats are not to be worn or displayed on campus.**
- **Hoods of sweatshirts and jackets are not to be worn over the head at any time.**

## **Jewelry:**

**Limited to :**

- **one (1) watch,**
- **one (1) bracelet,**
- **one (1) ring.**
- **One (1) necklace may be worn as long as it is always tucked under the shirt.**
  - **Charm on necklace should be limited to one charm no larger than a quarter.**
- **All jewelry must be tasteful.**
- **Body-piercing and ear piercing jewelry is expressly prohibited. Gauges are expressly prohibited. Young men may not wear earrings or any other visible body piercing jewelry at any time on-campus or at any school-sponsored or affiliated event off campus.**

## **Winter Weather Attire:**

**Jackets, sweatshirts, and sweaters may be worn to school for warmth**

- **Jackets, sweatshirts and sweaters must be free of words, advertisements, and logos.**
- **Crew neck or hooded sweatshirts are permitted but must have a legitimate college, university, United States Military, or approved JMPS logo/graphics ONLY. NO BLACK SWEATSHIRTS PERMITTED.**
- **Jackets are NOT permitted to be worn in the classrooms.**
- **Sweatshirts (front zip or pullover) may be worn in the classrooms.**
- **Hoods are not to be worn over the head at any time.**
- **Sweaters and sweatshirts may be any color-EXCEPT black.**
- **Jackets and fleece may be any color, including black.**

**\*TRENCH COATS ARE PROHIBITED\***

## **Extracurricular Athletic Attire:**

**Students may wear T-shirts and shorts (or sweatshirts and sweatpants according to weather conditions) when they are actively engaged in extracurricular sports activities.**

- **The exception to this is if the coach has established team specific practice uniform.**

**Permitted colors for athletic shorts and t-shirts:**

- **Red**
- **Grey**
- **Light Blue**
- **Dark Blue**
- **Black**

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Athletic shorts and sweatpants must be worn at the waist, and shorts should extend to the knee. T-shirts and sweatshirts must have both sleeves intact, be free of holes, and extend to at least the hipbone.

### **The following types or styles of athletic attire are expressly prohibited:**

- Tight, form fitting, revealing, or translucent shorts, pants, or shirts. This includes yoga pants or tights, except as permitted by the school's Directors.
- Sleeveless A- or T-shirts.
- Shirts or shorts with any logo larger than six (6) square inches.
- Any shirt or pair of shorts that does not meet the specifications noted above.
- Sweatpants or running pants with pant leg(s) rolled up.

### **The JMPS Dress Code for Young Women in High School**

**It is recommended that families look for pants, shorts or skirts that are labeled or designated to be "school uniform." Slacks appropriate for work, labeled 'professional wear,' are also generally appropriate.**

#### **Skirts:**

##### **Permitted colors and patterns for skirts:**

- **Khaki**
- **Navy**
- **Black**
- **Tweed**
- **Brown**
- **Grey**
- **White**
- **Plaid**
- **Houndstooth**
- **Skirts must be worn at the waist and not tight**
- **Long skirts should not touch the ground**
- **Skirt hem should be even all the way around the skirt**
- **Skirt hem should be two inches above the knee (measured from the center of the kneecap, with the hem level from front to back) or longer**
- **Lycra/Spandex tights/shorts/leggings may be worn underneath skirts**
  - **Permitted colors are solid black, gray, and brown.**
- **NO DENIM**

### **The following types or styles of skirts are expressly prohibited:**

- Mini, tube, denim, leather, maxi, jersey knit, or pattern print broom skirts.
- Skirts with prints, patterns (other than plaid or houndstooth) and flamboyant colors are prohibited.
- Tight, short or revealing skirts.
- Skirts with rivets.
- Skirts that have an uneven or ragged hem.
- Skirts with designs on the pockets.
- Any skirt that does not conform to the color, style, or pattern specifications noted above.

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### **Pants/Capri Pants:**

**Permitted colors and patterns for pants are:**

- **Khaki**
- **Black**
- **Navy**
- **Brown**
- **Green**
- **Tweed**
- **Grey**
- **Plaid**
- **Pinstriped**
  - **Permitted colors of pinstripes: gray, black, and white.**
- **Pants/Capris must be worn at the waist and MUST NOT BE TIGHT FITTING.**
- **Pants/Capris with belt loops MUST BE WORN WITH A BELT.**
- **Pants must fit so they reach the shoe but do not drag on the ground.**
- **NO DENIM!**

### **The following types or styles of pants are expressly prohibited:**

- Cargo pants of any kind, this includes pants with **any external pockets**.
- Blue jeans, overalls, dungarees, or denim of any style or color. This includes slacks that look like jeans, slacks with rivets, or predominantly double-stitched.
- Oversized, ragged, tuck-rolled, or baggy pants.
- Parachute or athletic/sweat pants.
- Yoga pants, tights or leggings UNLESS worn under a skirt.
- Pants with drawstrings, shock cords, buckles, rivets, or patches.
- Pants with designs on the pockets.
- Pants made of jersey material, even if they have pockets and belt loops.
- Jeggings
- Leggings not worn under a skirt
- Any pants that do not conform to the color, style, or pattern specifications noted above.

### **Walking Shorts:**

**Permitted colors and patterns for walking shorts are:**

- **Khaki**
- **Black**
- **Navy**
- **Brown**
- **Green**
- **Grey**
- **Plaid**
- **Pinstriped**
- **Walking shorts with belt loops MUST BE WORN WITH A BELT.**
- **Walking shorts must fit just above the knee (2 inches).**
- **Walking shorts should not extend below the knee.**
- **Walking shorts should fit properly and be worn at the waist.**
- **No Denim**

### **The following types or styles of shorts are expressly prohibited:**

- Cargo shorts of any kind.
- Tight fitting, running, revealing, or very short shorts.
- Oversized, ragged, tuck-rolled, or baggy shorts.

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- Parachute or athletic/sweat pants.
- Pants with drawstrings, shock cords, buckles, rivets, or patches.
- Shorts with designs on the pockets.
- Board, surfer, baggy, skater, Lycra™, or Spandex™ shorts.
- Denim shorts of any style or color.
- Any shorts that do not conform to the color, style, or pattern specifications noted above.
- **Any shorts with external pockets.**

### **Shirts/Blouses:**

- **Shirts and blouses must be worn tucked in**
  - **Shirts or blouses must fit so that if a student raises her hands over her head, her torso is not exposed.**
- **Polo shirts may be any solid or patterned color, except black**
- **Button up shirts/blouses may be any solid or patterned color, except black**
  - **Button up (oxford type) shirts may be worn with an appropriate tie**
- **Shirts may be long or short sleeved**
- **Sleeveless or cap sleeves shirt and blouses may be worn with a sweater.**
- **Shirts or blouses must have a standard Oxford or polo shirt style collar**
- **Shirts must fit so that if a student raises her hands over her head, her torso is not exposed.**
- **Shirts should not have any logos-unless an approved JMPS logo**
- **Shirts must be buttoned to the top of the student's sternum.**
- **Chambray and denim looking shirts are prohibited.**

### **The following types or styles of shirts, blouses, or tops are expressly prohibited:**

- Any shirt or blouse that is not an authorized color of the types and styles noted above.
- Any shirt or blouse that does not have a collar. Mandarin style collars are not permitted.
- Any shirt that has any see through material (including shoulders).
- Sleeveless or cap sleeve shirts and blouses are not allowed (unless worn with a sweater).
- Any shirt or blouse that is oversized, ragged or excessively stained.
- Any sheer shirt or any shirt that you can see through.
- Any trade or uniform shirt that has not been approved in advance by the directors or designee.
- Hawaiian or bowling shirts unless announced and approved in advance for a special occasion.
- Tight, short, or revealing blouses or shirts.

### **Blazers:**

- **Any solid colored blazer is permitted.**

**Blazers must be worn with a collared shirt.**

### **Dresses:**

**Permitted colors and patterns for dresses are:**

- **Khaki**
- **Black**
- **Navy**
- **Brown**
- **White**
- **Grey**
- **Red/Maroon**
- **Plaid**
- **Pinstriped**

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- **Houndstooth**
- **Tweed**
- **Stripes**
- **Polka dots**
- **Floral**
- Neck of the dresses can be no longer than the sternum
- Dresses with cap sleeves must be worn with a cardigan sweater
- Dress length must be 2 inches above the knee (measured from the center of the kneecap, with the hem level from front to back) or longer.
- Dresses may not be jersey material.

### **The following types or styles of dresses are expressly prohibited:**

- Mini, tube, denim, leather, maxi, jersey knit, or 'babydoll' style dresses.
- Dresses with prints or patterns other than those listed above are prohibited.
- Tight, short or revealing dresses.
- Dresses with rivets.
- Dresses that have an uneven or ragged hem.
- Dresses with designs on the pockets.
- Any dress that does not conform to the color, style, or pattern specifications noted above.

### **Shoes:**

**Shoes must be worn at all times. For safety and hygiene reasons, students are not allowed to walk around campus in bare or stocking feet, and should expect to receive a dress code ticket for doing so. Repeated violations of this requirement will result in health and safety discipline tickets.**

### **Shoes should be walking or athletic shoes or flats in the permitted solid colors:**

- **Dark Brown**
- **Black**
- **Nude**
- **Tan**
- **Shoes should be tied snugly on the foot in traditional criss-cross fashion**
- **Shoes must be kept clean**
- **Shoelaces should be the same color as the shoe**
- **Shoe soles must be the same color as the shoe upper. In general; Vans, Converse, boat shoes, etc., are not in dress code, as the soles of the shoes are of a different color than the shoe upper.**
- **Leather boots may be worn in season (fall/winter only) as long they follow the color requirements.**
  - **Boots should be in the above specified colors and free of any designs, logos or extra decorations(rhinestones, fur, pom poms, etc.)**
  - **Boots may not be made of cloth.**
  - **Ugg style boots are not permitted.**

### **The following types or styles of shoes are expressly prohibited:**

- Sandals, clogs, sling-backs, crocs, moccasins, open toed shoes, or "jellies" of any kind.
- Any shoe that is not in the specified color listed. Includes white shoes.
- Shoes/shoelaces that are not tied in traditional criss-cross fashion
- Shoes that are ragged, excessively stained, mismatched, or in a poor state of repair.
- Any shoe with a heel higher than 3.5".
- Shoes with a visible brand name or logo of a different color than the shoe upper or sole.

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### **Socks:**

**Socks or nylons or "footies" are to be worn at all times.**

Permitted colors for socks/nylons or "footies"

- Black
- White
- Gray
- Brown
- Nude

### **Belts:**

**Belts must be worn at all times if the pants have belt loops.**

- **Cloth belts are NOT permitted.**
- **Belts must fit properly and must be free of studs, rhinestones, grommets, and other decorations.**
- **Belt buckles must be free of logos and decorations.**
- **Belt color must match the color ensemble of the outfit.**
- **The end of the belt when extended from the buckle must not dangle more than three (3) inches beyond the belt buckle.**

**Underwear: Underpants must be worn at all times and must remain concealed beneath the student's clothing.**

- Any solid colored t-shirts may be worn under Dress Code shirts.
- Logos on undershirts must not be visible.

### **Headgear:**

- **Sunglasses are not to be worn or displayed on campus.**
- **Non-prescription glasses are prohibited.**
- **Hats are not to be worn or displayed on campus.**
- **Hoods are not to be worn over the head at any time.**

### **Jewelry:**

Limited to :

- **two (2) stud earrings per ear, or no more than two pairs total**
- **one (1) watch,**
- **one (1) simple wrist bracelet,**
- **one (1) simple ring per hand.**
- **one (1) necklace**
  - **Charm on necklace should be limited to one charm no larger than a quarter.**
- **All jewelry must be tasteful.**
- **Body-piercing jewelry (except earrings) is expressly prohibited.**
- **Gauges are expressly prohibited**
- **Young women may not wear earrings in excess of the above stated limit, or any other visible body piercing jewelry on-campus or at any school-sponsored or affiliated event off campus.**

### **Winter Weather Attire:**

**Jackets, sweatshirts, and sweaters may be worn to school for warmth**

- **Jackets, sweatshirts and sweaters must be free of words, advertisements, and logos.**

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- Crew neck or hooded sweatshirts are permitted but **must** have a legitimate college, university, United States Military, or approved JMPS logo/graphics only. No black sweatshirts are permitted.
  - Jackets are NOT permitted to be worn in the classrooms.
  - Sweatshirts (front zip or pullover) may be worn in the classrooms.
  - Hoods are not to be worn over the head at any time.
  - Sweaters and sweatshirts may be any color-EXCEPT black.
  - Jackets and fleece may be any color, including black.
- \*TRENCH COATS ARE PROHIBITED\***

### **Extracurricular Athletic Attire:**

Students may wear T-shirts and shorts (or sweatshirts and sweatpants according to weather conditions) when they are actively engaged in extracurricular sports activities.

- The exception to this is if the coach has established team specific practice uniform.

Permitted colors for athletic shorts and t-shirts:

- Red
- Grey
- Light Blue
- Dark Blue
- Black

Young Men: Athletic shorts and sweatpants must be worn at the waist, and shorts should extend to the knee. T-shirts and sweatshirts must have both sleeves intact, be free of holes, and extend to at least the hipbone.

Young Women: Athletic shorts and sweatpants must be worn at the waist. Shorts must reach mid-thigh and spandex must reach mid-thigh and may only be worn under shorts. T-shirts and sweatshirts must have both sleeves intact, be free of holes, and extend to at least the hipbone. Yoga pants may be worn for athletic activity ONLY, but must not be leggings (*yoga pants are made of thicker material*), and if there are cut-outs or sheer areas they must be mid-thigh or lower. The School reserves the right to determine if yoga pants are within the spirit and letter of the Dress Code.

**The following types or styles of athletic attire are expressly prohibited:**

- Tight, form fitting, revealing, or translucent shorts, pants, or shirts.
- Sleeveless A- or T-shirts.
- Shirts or shorts with any logo larger than six (6) square inches.
- Any shirt or pair of shorts that does not meet the specifications noted above.
- Sweatpants or running pants with pant leg(s) rolled up.

### **Appropriate Dress for Formal and Semi-formal occasions**

At certain times during the school year, students gather in social settings and for school functions at which formal or semi-formal dress is most appropriate. Because JMPS students are representing themselves, their families, and their school, it is vital that the best examples of dress and decorum be demonstrated. Examples of such gatherings include prom, athletic or arts banquets, concerts, field trips to the theater or museums, or the homecoming dance. Prior to such events a director will announce the appropriate dress, and students are required to comply. Those who do not dress appropriately will be turned away and may be subject to on-campus consequences.

In general:

**"Formal"** for young women includes a formal evening (or other) dress or formal pantsuit of appropriate modesty, including strapless and spaghetti strap dresses.

**"Formal"** for young men includes a tuxedo or a suit, dress shirt and tie, and polished dress shoes.

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**"Semi-formal"** for young women includes a skirt or casual dress of appropriate modesty, professional attire (blazer and slacks), and dress or casual professional shoes.

**"Semi-formal"** for young men includes slacks, oxford or other dress shirt and tie, a sport coat, and dress or casual professional shoes.

### Dress Code at School Sporting Events

**For Young Women:** Shorts must reach mid-thigh. Pants cannot drag on the ground or be excessively baggy or tight. Pants must be worn at the waist. Skirts may be worn but must also reach mid-thigh. Tank tops are allowed but undergarments are not allowed to show, and the shirt must not show cleavage and must reach pants. Shirts must fit so that if the student raises her arms above her head her torso is not exposed. Blue jeans and T-shirts are permitted. Shirts must not have inappropriate language, logos, or pictures.

**For Young Men:** Pants must be worn at the waist, and shorts are allowed to extend one inch below the knee, measured with the hem level from the center of the kneecap. Pants are not allowed to drag on the ground or be excessively baggy. No undergarments are allowed to show. Shirts must fit so that if the student raises his arms above his head his torso is not exposed. Blue jeans and T-shirts are permitted. Shirts must not have inappropriate language, logos, or pictures.

**Headgear:** Hats and visors are allowed, but must not be worn off center. Hats and visors must not have inappropriate language or logos. Bandannas are not allowed.

**Shoes:** Any sort of shoe is allowed to be worn.

### Dress Code for Physical Education

Students at JMPS are to be in proper Dress Code for P.E. in order to participate. Proper Dress Code is as follows:

- SHORTS or PANTS- SOLID COLORS ONLY (small brand, college, or armed forces logo permitted). Any solid color shorts or athletic pants are allowed. (Shorts shorter than two inches above the kneecap are not allowed)
- TOPS/SHIRTS- SOLID COLORS ONLY (small brand, college, or armed forces logo permitted). SOLID COLORED ONLY shirts are allowed. NO cartoon character, movie character, printed sayings, tie dye, large logo shirts are allowed.
- Athletic shoes must be worn. Athletic shoes must not be the student's dress code shoes. No skateboarding shoes, canvas Converse shoes, or hiking shoes.
- Crew length (above the ankle) athletic socks must be worn.
- Jewelry must not be worn during P.E. (Necklaces, rings, earrings, watches, or bracelets)
  - If student has newly pierced ears, she must cover ears with bandages until she can safely remove the jewelry.

Failure to follow these rules will impact the students' grades as follows:

- If jewelry is worn to an activity, participation points will be taken away for that day. The students will still be allowed to participate after removing the jewelry if they choose to. This rule does not apply to a student with newly pierced ears if she follows the above mentioned rule.
- If students do not have the proper attire, they will not get participation points for that day.

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Students are encouraged to bring their own water bottle, which can be filled up throughout the day with the school drinking fountains. They will be allowed to wear sunglasses or hats (JMPS only) for outdoor activities. Students are also encouraged to wear sunscreen for outdoor activities.

Students that have P.E. the first hour of the day may come to school dressed in P.E. attire. It is the responsibility of the student to ensure he/she has proper dress code attire for the rest of the school day. If students are not in Dress Code, they are subject to a Dress Code ticket.

Any questions regarding the P.E. Dress Code should be directed to Mr. Aljuwani.

### **Personal Hygiene for Young Men and Women**

Neatness, grooming, and proper hair care receive the same thoughtful attention as student dress. Judgments about proper personal cleanliness are at the discretion of the administration. FOR THE SAKE OF CLASSMATES AND OTHERS ON THE CAMPUS, STUDENTS SHOULD BATHE AT LEAST DAILY, AND THE USE OF DEODORANT IS HIGHLY SUGGESTED. Students whose hygiene is in question may receive hygiene coaching from the Director of Community Relations, and their parents may be notified.

Hair shall not be dyed unnatural colors. Highlighting, frosting, or other hair coloring must be appropriate and natural in appearance. Hair must be kept trimmed so that the student's eyes are always clearly visible. Bangs shall be worn above the eyebrows. Bangs longer than the eyebrows must be kept out of the student's eyes AT ALL TIMES. Young women may use neat bows, barrettes, headbands, and "scrunchies;" young men shall not. Twisting, spiking, and excessive use of hair gel or spray is prohibited. Facial hair should be neatly trimmed. Generally, students' hair should be clean and neatly combed or styled. There are to be no hairnets or bandannas. Students may be required to get a haircut in order to remain in Dress Code.

- Tattoos (temporary or permanent) are prohibited. This prohibition includes pen and ink drawings on the skin. Students who disregard this prohibition are subject to disciplinary action.
- **A FEW WORDS ABOUT TATTOOS AND PIERCINGS-** Some of our students have gotten tattoos or piercings outside the rules of the JMPS Dress Code, with or without parental consent. TATTOOS AND PIERCINGS (outside of the Dress Code) WILL BE KEPT COVERED AT ALL TIMES when on-campus, or off-campus at school sponsored events. The approved method for covering tattoos is either with long sleeve/long trouser legs, or with band-aids. Arm sleeves, bandannas, or other covers are a violation of the Dress Code. Any piercings that violate the spirit or letter of the Dress Code must also be kept covered using an approved method. It is the student's responsibility to attend to this detail, as the school does not keep a stock of band-aids for this purpose, nor will the school provide them. This prohibition includes all dances, games, performances, concerts, field trips, etc., whether or not they are on campus. Students who violate this aspect of the Dress Code should expect consequences, and a frequent pattern of this may mean suspension and/or expulsion.

Makeup on young women is permitted and should be applied tastefully, in moderation, and in an appropriate setting (e.g., the bathroom), not in the classrooms or open areas. Heavy eyeliner and gaudy lipstick of garish, flamboyant, or peculiar colors are not permitted. Solid, light colors are permissible. Fingernail polish may be any color.